Our Providers:

- Dr. Del Lassen, Medical Director
- Beth Strub, Nurse Practitioner
- Tana Kass, Nurse Practitioner
- Belinda Lassen, Nurse Midwife
- Pam Hulstein, Nurse Midwife
- Dr. Kenneth Tjeerdsma, Dentist
- Rebecca Hooyer, Dental Hygienist

Our Board:

- Kelsey Callens, President
- Eric Dooyma, Vice President
- Emily Mahr, Secretary
- Mark Juhl, Treasurer
- Brittany Adams
- Evan DeGroot
- Cindy Harpenau
- Don Ortman
- Grace Lo Rohrer
- Duane VerMulf
- Lynn Rietema
- John Ymker

2015: At a Glance

- Patient Payer Sources:
  - Self Pay: 37.3%
  - Private Insurance: 23.4%
  - Medicaid: 38.5%
  - Medicare: 1.3%
  - Other: 8.2%

- Hometowns of Patients:
  - Sioux Center: 33.3%
  - Rock Valley: 21.4%
  - Hawarden: 14.5%
  - Sheldon: 13.6%
  - Other towns: 7.0%
  - Other: 6.1%

Together we deliver the PROMISE of a healthier community!

338 1st Ave. NW, Sioux Center, IA  712-722-1700  www.promisechc.org
As I reflect on 2015 and the exciting projects we celebrated at Promise Community Health Center, I can’t help but remember Promise’s humble beginnings. Margaret Mead, an American cultural anthropologist, once said: “Never doubt that a small group of thoughtful, committed citizens could change the world. Indeed, it’s the only thing that ever has.”

In Sioux County, a small band of community workers, educators and citizens believed ALL persons deserved access to affordable health, dental and mental health services. So 15 years ago, those caring citizens began to gather the growing numbers of uninsured, underinsured and disenfranchised, and with numbers and stories asked, “How do we bring a health-care center to Sioux County?”

Those stories included families that couldn’t get treatment for common head lice because of unpaid medical bills, women foregoing prenatal care because they didn’t have insurance and couldn’t afford to pay out of pocket for that care, long lines at Dr. Ken Addink’s monthly free dental clinic, and increasing percentages of families applying for and qualifying for free and reduced lunch in our public schools. These, among other growing health disparities, informed this group of citizens as they put their thoughts into action and applied for funding to establish a community health center.

Their persistence and hard work paid off. Since Promise opened its doors in Sioux Center in 2008, basic prenatal, preventive and primary health-care services have been provided for ALL who seek care. A sliding fee discount scale is available for those who have no insurance or high deductibles. In 2011, dental services were added. In 2014, behavioral health care was added. Vision care will be added in 2016.

In 2015, a major expansion and remodeling of space was completed. Also in 2015, Promise purchased the building that it had been leasing since it opened in 2008.

We’ve got vision! Promise was awarded a grant of $248,604 per year for two years from the U.S. Health and Human Services Administration. The grant will allow Promise to initiate vision care. Promise is working in a partnership with Beaver Eye Care to offer the on-site services starting in 2016.

Family Planning Promise has launched expanded family planning services, thanks to a grant of $84,721 annually for two years through the Family Planning Council of Iowa.

**A record number of patients were served in 2015:**

- 3,071 patients made 6,942 medical care visits.
- 1,120 patients made 2,076 dental care visits.
- 198 women received prenatal care, with 32 home births.

That’s a **6.8%** increase from 2014.

Promise increased its space by **60 percent.**

The expansion project included a prenatal wing, community education room, therapy room, four offices and an employee break room. The project also included extensive remodeling of the front reception area.

We own our own building.

Promise purchased its building that it had leased since it opened in July 2008.

**FROM THE DIRECTOR:**

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